

The TOUCAN is also a VISUAL FIELD DIVIDER

A close relative of the “unicorn” (or Halo), it helps a lot to rebalance the two eyes. In some cases, it has restored binocularly in people who had never been able to perceive it. The idea is that the divider gives you feedback: it tells you whether you are using both eyes or not.

Hence the required intensity and frequency of exercises depends on it. If you are at the beginning of a lazy eye recover, you will have to use the Toucan every day and very often.

The peculiarity of the Tucano is that it is an agile tool, which can also be used in situations of movement: for example, playing with pyramids (bags of rice) or while dancing. You can even keep it for a long time without it bothering you.

How to use it:

- 1) Put it on with red on the side of the eye that you suspect to be "lazy" or not "present".
- 2) Observe anything in front of you
- 3) If you see it between two transparent colored "walls", all is well.
- 4) If you only see the green wall, try to
- 5) touch the toucan with one finger and then with the other.
- 6) If this it is not enough to make the red wall appear, also try to nod slightly or
- 7) say a very small "NO".
- 8) Or try alternately closing one eye at a time and remembering what each eye sees.

<https://www.naturalvision.it/scheda.php?lang=en&ID=114>